

Joint Local Health and Wellbeing Strategy 2022 – 2025 Action Plan Performance Measures

Start Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member
Improving outcomes during maternity and early years	Increase the number of pregnant women referred to and accepting support to stop smoking and successfully quitting smoking, leading to a smaller proportion of women still being smokers when they give birth.	There will be a reduction in the number of women smoking during pregnancy The health of mothers and their babies in Buckinghamshire will improve	Percentage of women who are smokers when they give birth	7%	5%	Mar-25	Annual	Heidi Beddall, Director Of Midwifery, Buckinghamshire Healthcare Trust	Neil Macdonald, Chief Executive, Buckinghamshire Healthcare Trust
	Increase the proportion of children in the most deprived communities achieving all milestones at the 2 to 2 ½ year health visitor review, with the aim of narrowing the gap in school readiness (measured by EYFSP scores in reception year).	Reduced inequalities in the proportion of children meeting their expected development goals at 2 to 2 and ½ years Children from deprived areas will be better prepared for school, enabling them to get greater benefit from their education	Percentage of children achieving at least expected development levels on their 2 to 2½ year old health visitor assessment in our most deprived areas	87%	90%	Dec-25	Annual	Heidi Beddall, Director Of Midwifery, Buckinghamshire Healthcare Trust	Neil Macdonald, Chief Executive, Buckinghamshire Healthcare Trust
	Increase the proportion of babies that are breastfed from birth until at least 6 to 8 weeks old	There will be an increase in the number of babies that are exclusively and partially breastfed at birth and 6-8 weeks old	Percentage of babies who are breastfed from birth until they are at least 6 to 8 weeks old	TBD	TBD	TBD	TBD	Heidi Beddall, Director Of Midwifery, Buckinghamshire Healthcare Trust	Neil Macdonald, Chief Executive, Buckinghamshire Healthcare Trust
Start Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member
Improving mental health support for children and young people	Increase access to mental health support for Children and Young People in response to need (<u>including</u> early support to mitigate demand on specialist services)	Children and Young People receive the Mental Health support they need when they need it	The number of children and young people (aged under 18) that have accessed support from NHS funded community services and school or college based Mental Health Support Teams in the last 12 months	6,830	N/A	Mar-24	Annual	Donna Clarke, Service Director Buckinghamshire, Oxford Health Foundation Trust	David Walker, Chairman, Oxford Health Foundation Trust
	Address inequalities in access to mental health support through work with Children and Young People in deprived areas and ethnic minority Children and Young People to <ul style="list-style-type: none"> Increase knowledge about mental health Increase awareness of support available 	Reduced inequalities in mental health outcomes for children and young people living in deprived areas and ethnic minority groups	The gap in the proportion of children and young people (aged under 18) that have accessed support from NHS funded community services and school or college based Mental Health Support Teams in the last 12 months, between the most and the	TBD	Under development	TBD	Annual	Donna Clarke, Service Director Buckinghamshire, Oxford Health Foundation Trust	David Walker, Chairman, Oxford Health Foundation Trust

Live Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member
Reducing the rates of cardiovascular disease	Increase access to NHS Health Checks in priority risk groups	More people are advised about their cardiovascular disease risk earlier and supported to get the help they need resulting in fewer in Buckinghamshire having cardiovascular disease	Number of all NHS Health Checks delivered that were for residents in DQ4 and 5	1393 (21/22)	2700	End of 23/24	Annually	Tiffany Burch, Consultant in Public Health, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Increase access to tobacco dependency services, particularly for people from deprived areas and ethnic minorities	More people are supported to quit smoking and maintain this status resulting in fewer in Buckinghamshire having cardiovascular disease The in house tobacco dependency services for acute inpatients, mental health inpatients and maternity patients will be up and running with agreed discharge pathways to community stop smoking services.	The number and percentage of eligible patients who were referred to NHS inhouse tobacco dependency services who later successfully quit smoking (4 week quit).	0%	30%	end of 23/24	Annually	Steve Goldensmith, Senior Responsible Officer for Prevention and Health Inequalities, BOB ICB*	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Increase numbers of residents aged 15 years and older who have their blood pressure checked, and increase the number of residents with hypertension who are well controlled in higher risk areas of the county.	More people take part in regularly checking their blood pressure in the 4 most deprived Primary Care Networks This will ultimately result in more high blood pressure being detected and managed earlier in life to reduce the burden of heart disease and stroke, resulting in fewer residents in Buckinghamshire having cardiovascular disease	Proportion of patients (15+) who have had their blood pressure checked in the last year in the 4 most deprived Primary Care Networks	30.4%	50%	End of 2023/24	Annually	Philippa Baker, Place Director for Buckinghamshire, BOB ICB*	Philippa Baker, Place Director for Buckinghamshire, BOB ICB* Jane O'Grady, Director of Public Health, Buckinghamshire Council
			Proportion of patients aged <80 years with hypertension who last blood pressure reading (in the last 12 months) was <= 140/90 mmHg for the 4 most deprived Primary Care Networks	57%	60%	End of 2023/24	Annually	Philippa Baker, Place Director for Buckinghamshire, BOB ICB*	Philippa Baker, Place Director for Buckinghamshire, BOB ICB* Jane O'Grady, Director of Public Health, Buckinghamshire Council
Live Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member

Improving mental health support for adults particularly for those at greater risk of poor mental health	Improve access, experience and outcomes from services particularly for people from deprived areas and ethnic minorities with mental health problems	Reduced inequalities in mental health outcomes for people, particularly from deprived areas and for ethnic minority groups	Reduce the gap in the percentage of white British and ethnic minority patients with a mental health emergency that have not previously had contact with mental health services	Under development	TBD	TBD	TBD	Donna Clarke, Service Director Buckinghamshire, Oxford Health Foundation Trust	David Walker, Chairman, Oxford Health Foundation Trust
	Improve access to talking therapies (IAPT) for people from ethnic minorities, students, men and LGBTQ+ communities	Reduced inequalities in mental health outcomes for people from under-served communities	Reduce the gap in patients that complete NHS Talking Therapies treatment between those living in the most and least deprived areas in Buckinghamshire	Under development	TBD	TBD	TBD	John Pimm, Consultant Clinical Psychologist, Oxford Health Foundation Trust	David Walker, Chairman, Oxford Health Foundation Trust
	Address physical health inequalities for people with a mental disorder	Improved healthy life expectancy for people with mental disorders or Serious Mental Illness	Increase the percentage of patients with a Severe Mental Illness (have a diagnosis of schizophrenia, bipolar affective disorder or psychosis) that have had a full physical health check with their doctor in the last 12 months (all components)	48.2%	50%	Mar-25	Quarterly	Donna Clarke, Service Director Buckinghamshire, Oxford Health Foundation Trust	David Walker, Chairman, Oxford Health Foundation Trust
Live Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member
Reducing the prevalence of obesity in adults	Partners deliver the healthy weight action plan to reduce the proportion of adults who are overweight or obese	People are a healthy weight and there is a reduction in long term conditions and improved mental health	Percentage of adults classified as overweight or obese	61%	61%	2025	Annually	Sally Hone, Public Health Principal, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Increase the number of adults accessing support to lose weight	People are supported to achieve or maintain a healthy weight	Number of adults accessing adult weight management services per year	2,660	3,500	2022/23	Quarterly	Sally Hone, Public Health Principal, Buckinghamshire Council Angela Jessop, Transformation Manager, Integrated Care Board	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Increase physical activity levels	People take part in regular physical activity	Percentage of adults meeting the recommended physical activity levels	71.9%	73%	2025	Annually	Sally Hone, Public Health Principal, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council

Age Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member
Improving places and supporting communities to promote healthy ageing	Develop a system wide approach to healthy ageing through the development of a multi-agency strategy and action plan	People over the age of 65 spend more years of life in good health Buckinghamshire is a place where the natural and built environments and the approach of organisations support people to live healthy and independent lives	Increase in healthy life expectancy at age 65 (males) Increase in healthy life expectancy at age 65 (females)	12.4 13.7	TBD TBD	TBD TBD	Annually Annually	Sarah Winchester, Consultant in Public Health, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Work with partners to promote positive age-inclusive communication and reduce age-related discrimination	The proportion of people aged over 65 who are in work will increase towards pre-pandemic levels More older people are supported and able to participate as fully in society as they wish	Increase in number of people aged 65+ who are economically active	13%	16%	Mar-28	Quarterly	Sarah Winchester, Consultant in Public Health, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	<i>Third key action to be agreed during first year of Health and Wellbeing Strategy once Healthy Ageing Strategy in place and priorities have been agreed with partners</i>								
Age Well Priority Area	Action	How Will we Know it's Working?	Performance Measure	Baseline	Target	To be Delivered by	Frequency at HWB	Lead Officer	Responsible Board Member
Improving mental health support for older people and reducing feelings of social isolation	Build social connectedness for older adults through initiatives developed by the Healthy Ageing Collaborative and increased use of social prescribing in primary care	Older adults are able to create social contacts in their communities and become less isolated Fewer older adults will feel lonely	Reduction in the proportion of adults feeling lonely often/always or some of the time	24%	18%	Mar-24	Bi annual	Lucie Smith, Public Health Principal, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Improve the detection and formal diagnosis of dementia	People with dementia receive more timely health and care, improving outcomes	Increase the proportion of people aged over 65 with dementia that have been diagnosed	56.8%	66.7%	Mar-25	Annual	Donna Clarke, Service Director Buckinghamshire, Oxford Health Foundation Trust	Sian Roberts, Clinical Lead for Mental Health, Integrated Care Board
	Improve access to, and uptake of, talking therapies in older people with anxiety disorders and depression	Older adult experience improvements in their mental health	Increase the number of people aged 65 and over who enter treatment with NHS Talking Therapies	215	TBD	Mar-25	Annual	John Pimm, Consultant Clinical Psychologist, Oxford Health Foundation Trust	David Walker, Chairman, Oxford Health Foundation Trust
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Increasing the physical activity of older people	Increase awareness of the benefits of physical activity and what counts as physical activity amongst older people, using the behavioural insights work	More people are physically active in older age	Return usage numbers of local leisure centres by people aged 65+ to pre-pandemic levels	13,975	14,000	2025/26	Quarterly	Sue Drummond, Head of Leisure, Buckinghamshire Council	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Increase awareness among people working with older residents about the benefits of physical activity in older age	More older adults are regularly active and meeting the recommended activity levels	Number of health professionals trained to provide physical activity advice to older age clients	88	100 per annum	Mar-24	Annually	Chris Gregory, Head of Strategic Relationships LEAP	Jane O'Grady, Director of Public Health, Buckinghamshire Council
	Create more opportunities for older people to be more active and increase awareness about the activities that are available across the county	Improved physical function and a reduction in the risk of falls and injury from a fall and subsequent loss of independence	More adults achieving 2 or more sessions of muscle strength exercises per week	47.6%	50%	Mar-27	Annually	Sally Hone, Public Health Principal, Buckinghamshire Council	Councillor Angela Macpherson, Cabinet Member Health & Wellbeing, Buckinghamshire Council